

2020 OASSA State Championships
“PREPARING FOR STATES: What you need to know!”

- ❑ **Thoroughly read and understand the “2020 Rules and Regulations”.**
 - ❑ Please note the NEW DIVISIONAL SPLIT INFORMATION for States.
 - ❑ Refer to this link: <http://www.oassa.org/forms-information>
 - ❑ **A few general callouts from Regionals:**
 - i. **Throwing or tossing signs from Stunts:**
 - A top person in a stunt or pyramid may not release a hard sign directly to the ground. It must be handed to someone on the ground or come down with the top person, with existing restrictions like not cradling with hard props (per NFHS 2019-2020 Spirit Rules Book).
 - ii. **Use of Drops:**
 - Drops that go directly to the thighs, splits, knees or seat on the performing surface are not permitted unless most of the weight is first borne on the hands or feet or the descent is controlled (per NFHS 2019-2020 Spirit Rules Book).
 - iii. **Tumbling with Poms:**
 - No Forward Rolls in the Non-Tumbling Division (per OASSA Rules and Regulations).
- ❑ **Bring **NEW** Coach or Participant Waivers ONLY:**
 - ❑ Coaches who were added since Regionals.
 - ❑ Participants who were on the listed as Alternate/Injured (U) for Regionals AND are now competing (P).
 - ❑ Waivers are found here: <http://www.oassa.org/forms-information>
- ❑ **Performance Schedules:**
 - ❑ Will be posted by 4pm, February 20th.
 - ❑ Link to schedule: <http://www.oassa.org/forms-information> (Line item #1)
- ❑ **Coaches Lounge:**
 - ❑ Saturday, Pickerington North - Located in the Coaches Room.
 - ❑ Sunday, St. John Arena (OSU) - Located in the French Field House.
 - ❑ Snacks and water will be available.
 - ❑ And a place for coaches to put up their feet!
- ❑ **Team Check-in:**
 - ❑ Participants (competing or not competing - alternate/injured) are not permitted to check-in unless one of their coaches has checked-in.
 - ❑ Participants and coaches will be marked with a stamp at check-in.
 - ❑ No changes to the rosters at this time **UNLESS** an alternate team member (already on the roster) needs to replace an injured team member.
- ❑ **State Championship Event T-Shirts:**
 - ❑ Deadline for submitting pre-orders is Thursday, February 27, 2020 by Noon.
 - ❑ Access the form here:
<http://www.oassa.org/Websites/oassa/images/2020TSHIRTPreorderForm.pdf>

❑ **Awards:**

- ❑ **Trophies** - Teams that place 1-10 will be presented with a OASSA State Championship trophy in each event/category.
- ❑ **Patches** - Each member of each FIRST-PLACE team will be presented with an “OASSA Cheer & Dance State Champions 2020” patch.
- ❑ **Banners** - Each first-place team in each event/category will be presented an OASSA State Champions Banner indicating what event/category they won in! Team photos will be taken immediately following the receipt of the banner.
- ❑ **Certificates** - Each TEAM, regardless of placement, will receive an OASSA State Championship certificate.

❑ **Single Stem Roses:**

- ❑ Friends and family may purchase individually wrapped, single-stem roses (with water vials) in assorted colors at the event.
- ❑ Price: one for \$3.00, or two for \$5.00. Cash only please. First-come, first-served until sold out at your event.

❑ **State Championship Program:**

- ❑ Contains the latest Performance Schedule and lists all teams, team members and team photos (if submitted). ONE complimentary copy will be given to each head coach at Team Check-in.
- ❑ Price: \$5.00

❑ **The below documents/info will be posted on our website as soon as they are finalized**

(<http://www.oassa.org/forms-information>):

- ❑ **Event Maps/Parking**
- ❑ **Coaches Info Sheet** (Arrival/Event Details - bus parking, door-open time, and all event-day inquiries)
- ❑ **Parents Letter** (What to expect at the event)

Registration, roster and payment Questions? Contact Kelly Latham at klatham@oassa.org

Competition and rules Questions? Contact Denise Farnsworth at dfarnsworth@oassa.org

Congratulations and Good Luck at the
2020 OASSA State Cheer and Dance Championships!
We'll see you there!