



OASSA's MS/JUNIOR HIGH Cheer and Dance Competition 2021-22 CHEER PENALTY & POINT DEDUCTION SHEET

TIME: (0.5 points deducted for every second over/under time requirements) Seconds

OVERTIME _____ DEDUCTION = _____

DEDUCTION FOR BOBBLES: # _____ x 0.5 = _____ DEDUCTION

<i>TUMBLING</i>	<i>STUNTS/PYRAMIDS</i>	<i>JUMPS/OTHER</i>
Hand touches the ground with no weight bearing	Minor bobbles that are saved	Fall after landing
Step out of tuck	Flyer's legs touch the ground on cradle	
Hop forward/backwards	Base/ Back Spot touches the ground	
	Early dismount	
	Missed connection of stunts/pyramid	
	Basket toss that loads and travels	

DEDUCTION FOR FALLS: # _____ X 1.0 = _____ DEDUCTION

<i>TUMBLING</i>	<i>STUNTS/PYRAMIDS</i>	<i>JUMPS/OTHER</i>
Standing/running Tumbling is not executed properly, and a hand hits the floor and bears the weight of the body	Missed stunt/pyramid	Jump not executed
Tumbling not executed	Stunt/Pyramid falls to the ground	Jumps fall to the floor
Over rotations	Flyer/ Base or Back Spot falls to the ground	
Landing on knees	Basket toss that loads but is not thrown or skill is not executed	
	Load in not executed	

DEDUCTIONS FOR VIOLATION OF RULES

BUILDING:

Safety Violation – meaning having incorrect number of members under a stunt – minus 10 pts.

Any inversion or body position violation – meaning flyer's body incorrectly flipped, placed, turned, cradled – minus 10 points.

Braced released infraction – minus 10 points

TUMBLING:

Any violation of tumbling skills with props, twists, dive rolls – minus 10 points.

NON-TUMBLING:

Any violation of knee drops or body position of competitors including stunt/weight bearing or jumping over another competitor – minus 10 points.

General NFHS Spirit Rules Infraction:

Any infraction for the 2021/ 2022 NFHS Spirit Rules including but not limited to: tossing or dropping signs from stunts or pyramids, jewelry of any kind, basket toss flips, swing roll down stunts and jumping from props are all examples. Refer to your 2021/ 2022 NFHS Spirit Rules book for illustrations.

TOTAL DEDUCTIONS = _____

NOTES for HEAD JUDGES: