



OASSA CHEER OHIO™ 2023 CAMP OVERVIEW

About CHEER OHIO™

Material: We offer crowd response cheers and chants designed to get the crowd to yell with your cheerleaders. We stress the importance of motion placement, sharpness, visuals etc. Clean, sharp motions make the difference! We offer a variety of dances at camp that can be used for band dances, halftime routines, or even part of your competition dance section. Our clean, usable material is what makes us stand out from the rest. ****Videos of camp material will be given to the coaches at the conclusion of camp.**

Cheer Categories: We offer ALL cheer categories (Building, Non-Building, Non-Tumbling & Game Day). Cheer Ohio™ can be catered to ALL levels of skill.

Personal Instructors (PI): Our goal is simple this summer--WE WANT EVERY TEAM TO GO HOME WITH NEW MATERIAL AND SHOW MARKED IMPROVEMENT! We will assign each team to a Cheer Ohio™ Personal Instructor (PI) who will offer individualized attention and helpful critique to your squad(s). This staffer will work with your team one-on-one during daily personal instruction time ("PI Time"). Our staff is committed to taking your team to the next level! To assist us in PI assignments, please note on your registration form and/or inform us at Check- In if you are combining squads (for instance, 7th & 8th Grade teams into one "combo" MS squad).

Evaluations and Camp Awards

Evaluations: Each day, written evaluation sheets will be given to each team to help improve cheer, chant, and/or dance performance. Ribbons will be awarded with the evaluation sheets. Work hard to improve your team's evaluation and ribbon each day. The daily evaluations are not a competition--you will compete only against yourself in showing improvement each day. At Cheer Ohio™ we're all about teamwork and improvement!

"Spirit Phones": We will end each evening at camp with awards. Spirit Phones (megaphones) will be given to teams that project a great attitude, eagerness to learn, have fun, and show amazing spirit! Each coach should encourage his/her school to display a positive team attitude and sportsmanship each day at camp.

Spirit Key: At the end of camp, each school nominates the teams whom they thought best exhibited positive team attitude and sportsmanship all week. The teams selected are presented the coveted Spirit Key Award at the Final Day awards ceremony. Spirit Key Awards are presented to Varsity, JV, Freshmen, and Jr. High-level teams at all four Cheer Ohio™ camps.

OASSA CHEER & DANCE MISSION STATEMENT

Our mission: To educate and empower Ohio cheer and dance student athletes and their coaches and to provide safe, competitive events to showcase their abilities and celebrate their achievements.

Optional Camp Evaluations/Competitions

Home Dance Competition (Day 1): Show us what you've got! This is a fun dance competition and a great way to represent your school at the start of camp. Have fun with it! Evaluation sheets will be completed for each participating team, and trophies are awarded to the top teams. Do the music segment of your new competition routine or make up a fun dance to take to camp. ****Home Dance is OPTIONAL**** (Be sure to bring your proof of purchase for your music!)

HOME DANCE GUIDELINES: ➤ MINIMUM TIME LIMIT: 45 SECONDS ➤ MAXIMUM TIME LIMIT: 2 MINUTES ➤ NO TUMBLING PERMITTED IN HOME DANCE ROUTINES ➤ NO CHEER/CHANTS PERMITTED IN HOME DANCE ROUTINES

Home Cheer Evaluation (Day 1): Bring a cheer from home to perform for your first cheer evaluation. Incorporation of jumps and tumbling are permitted in Home Cheer Evaluation. Building teams MAY include building skills. One chant or cheer that is learned during cheer instruction on Day One will also be performed for the evaluation. HOME CHEER PARTICIPATION IS RECOMMENDED BUT NOT REQUIRED—many schools bring their tryout cheer. Performing a home cheer is a great way to showcase your school's personal style of cheerleading and skill level.

Themed Dance/Band Dance Competition (Day 2): This optional competition is a great opportunity to get evaluated on your school's dance skills. Choose one of these Cheer Ohio Dances (or split your squad up and do both) and put your own personal touch on it. Add formations, transitions, and levels however the core dance must stay the same. Every team that participates will receive an evaluation sheet with comments and a trophy will be awarded to the top team.

Final Day Competition: On our final day of camp, teams are invited to perform their best/favorite cheer and chant from camp in a mini routine. Add levels, ripples, and transitions to make them your own. Trophies are awarded to the top teams as well as most improved teams of camp. Spectators are permitted for this event.

MORE classes at CHEER OHIO™

Jump Class: More jump exercises to take home and help increase jump height, flexibility, and execution. This class is designed to teach the proper form and offer helpful hints to improve your squad's jumps.

Daily Review of Material: At CO we want your team to leave camp knowing all the camp material. The staff will lead this session with the campers and review each cheer, chant, or dance that was taught that day.

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Advanced Dance: We know your squads love to dance, so we're giving you more. An advanced dance will be taught on Day 2 of camp. This fast-paced dance is perfect for pep rallies, back-to-school events, and other performances that get the crowd excited!

Team Building: It's all about teamwork. Have fun and bring your team members closer together at Cheer Ohio. Our staff will lead in activities that will have your squads working together, coming up with goals for their season, and have meaningful discussions that'll bring them closer together.

Building Class (Building Camps ONLY): Our staff will take your team through the safety, and basics, of stunting. We can help you create stunt groups within your team, if needed. For more advanced teams, we will teach unique transitions, and focus on more difficult stunting skills.

****2023 CAMP THEME – “WeIcOme to the Jungle”**

There will be a theme day (Day 2 of camp) where the teams are encouraged to dress for the theme. Go all out and have fun!

For questions about camp content or instruction, please contact Cheer Ohio™ Camp Director Cassie Bump at bumpcl@tiffin.edu or Assistant Director Shila Hartzler at shila.hartzler@gmail.com

Visit our website for schedules and forms:

<http://www.oassa.org/cheer-ohio>.

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